

# Overcomer in you

The Power is inside or you

**Use the Power that you have!!!!**

It all starts with our mindset. Our thoughts become actions; our action become habits

By

*Travis A Evans*

This book is dedicated at all those who said that we I wouldn't make. Their negative talk gave us the Power to push forward

# Don't Give Up

## **Introduction**

This is a free book to move us from lack, test, and trials to owning our lives. This is the first step in going on to Victory. If we can see, we can believe. It is not going to be easy, but we have the Power to push through the pain and win in our lives.

## **PART I: How do we see ourselves**

What matters in our lives isn't how anybody else see us. The question is how do we see ourselves? Do we see ourselves winning or losing? At the end of the day, it is all up to us to determine weather we make it or not. Many people have been told that they would amount to nothing, but they pushed forward and won. We wouldn't have the inventions or the great sports stars or the great mother and father if they would have let what others said about them stop them. We must know that we belong in that space no matter what anybody says. I don't care if it is our family, friends, or foes. We are overcomer in our lives. We have a Power inside of us to overcome anything that comes our way. We can knock down the walls of doubt and the winds of fear in our lives. How well do we know ourselves? Have taken a good look inside of ourselves to see what is inside of us.

## **Chapter One: Let change our mindset**

The first step is to change your mindset. This may mean leaving those heavy things behind that are weighting us down. When runners run in a race, they don't wear heavy clothing to run fast. Life is a race that we are all running. When they get tired, they have the mindset to stay focused and finish the race that they are running. They sometimes must run in the lane assigned to them. That means that they are not focused on others race, but the race that they are running. They train their body and their mind to be able to win and finish the race. They don't eat the junk food but healthy food. We must be careful what we take into our bodies by what we hear, see, and speak. We may have a game plan, but do we put it to action. If a football team stay in the huddle to long, they will get hit with a penalty. If they don't run the play in the right time, they are pushed back. We must be able to push through the so-called-troubles in life. In our lives, we are going to have so-called-troubles. Are we prepared for the game? That

is the question we need to ask ourselves to get to victory. Let's have faith in ourselves to move to victory

## Chapter Summary

We must first change our mindset. How we think is how we are. Our mindset affects our vision and what we see. We must sometimes drop the dead weight to move forward. Are we looking through the eyes of Faith or doubt? Our situation doesn't affect the outcome. What brings victory is acting on what is in our mind. A team can't win if they don't play the game. We can't win unless we play the game of life.



Travis A Evans/ Overcomer in you

**Don't Give Up**  
The Power is inside you!!  
email: dontgiveupthemovement2018@gmail.com

Website  
**one stop shot**  
[www.dontgiveupthemovement.net](http://www.dontgiveupthemovement.net)

Podcast: Don't Give Up Hour  
Podcast website  
<https://www.podpage.com/dont-give-up-hour>

 <https://www.facebook.com/DontGiveUpTheBook>

 [dontgiveupthemovement](https://www.youtube.com/dontgiveupthemovement)

   

The Power is inside of you!!

<https://www.linkedin.com/>

Travis Evans

Travis A Evans/ Overcomer in you

Travis A Evans/ Overcomer in you

Travis A Evans/ Overcomer in you